

FITNESS CENTER

Join the Northfield Fitness Center Choose a one, three, six month membership or join for a year, all memberships are a great value. No initiation fees!

Membership Fees		
One Year Membership	Resident	Non-Resident
Individual	\$320	\$365
Couple	\$510	\$585
Add'l Family Member*	\$145 each	\$165 each
Senior	\$240	\$275
Senior Couple	\$380	\$440
Junior Membership	\$115	\$130
Six Month Membership	Resident	Non-Resident
Individual	\$210	\$240
Couple	\$330	\$380
Add'l Family Member*	\$95 each	\$110 each
Senior	\$155	\$180
Senior Couple	\$250	\$285
Junior Membership	\$75	\$85
Three Month Membership	Resident	Non-Resident
Individual	\$120	\$140
Couple	\$190	\$220
Add'l Family Member*	\$55 each	\$65 each
Senior	\$90	\$105
Senior Couple	\$145	\$165
Junior Membership	\$45	\$50
One Month Membership	\$50	\$50
Daily Fees	\$10	\$12

*Additional family member eligibility: Must be under 23 years of age



Corporate/group rates are available

Contact Nada Becker,
nbecker@northfieldparks.org
or 847.446.4428
for information.

Personal Training

Looking for a personal trainer to help keep you motivated, focus your workout, and design a workout or rehabilitation program to fit your personal needs and goals? If so, the Northfield Fitness Center has motivated, certified and friendly professional personal trainers.

One-Hour Sessions (Member/Non-Member)

Individual - \$55/\$65
2 people - \$40/\$50 per person
3 people - \$35/\$45 per person

Half-Hour Sessions (Member/Non-Member)

Individual - \$35/\$45
2 people - \$30/\$40 per person
3 people - \$25/\$35 per person

To schedule a workout, contact one of our personal trainers directly.

Tracey O'Donnell
847.845.2726

Bob Davis
847.702.0122

JUNIOR MEMBERSHIPS

Open to children 12 to 13 years old. Legal guardian must have a current membership for child to be eligible.

RESTRICTIONS

Junior members must be accompanied by a member 18 years of age or older, and can only use the fitness center during the following hours:

5:30 - 7:00AM
1:00 - 2:30PM
7:30 - 9:00PM